



## No Nut and Allergy Policy

At Thorpe Acre Infant School we have some children who suffer from severe nut allergies and therefore our school operates a 'no nut' policy. This means that **no products containing nuts** are allowed on school premises. Some children who are allergic to nuts in school also have a severe allergy to other food products including sesame; cumin and mustard. This means that **no products containing these items** are allowed in school.

The following tree nuts are **not** allowed in school:

Brazil  
Hazelnut  
Pistachio  
Walnut  
Cashew  
Almond  
Pecan  
Macadamia

This list is not exhaustive but merely examples of nuts that cannot be brought into school.

Peanuts are **not** permitted.

Some examples of foods that contain nuts are listed below and are **not** allowed in school. It is not an exhaustive list.

- Chocolate spread - as some are made with hazelnuts (e.g. Nutella)
- Fruit and cereal bars that contain nuts
- Chocolate bars that contain nuts
- Sesame seed rolls (children allergic to nuts may also have a severe reaction to sesame)
- Peanut butter sandwiches
- Marzipan products
- Pesto
- Packs of nuts.

In general, on food products there is a box that contains allergy advice. If this box says that it "**does** contain nuts" then please **do not** send these products into school. Many product labels say that it "**may** contain nuts or traces of nuts" and this tends to be manufacturers being cautious. These products **may** be sent into school. We are only asking you not to send in products that definitely do contain nuts.

If pupils bring products into school that do contain nuts, they will not be allowed to eat them on the school premises.