

## WEEK 1



### WEEK 1

2019  
21st January - 11th February  
• 11th March - 1st April  
• 6th May - 3rd June  
• 24th June



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Creamy chicken pasta bake</b> Salad bar selection  	<b>Chicken pie &amp; gravy</b> Creamy mashed potatoes Broccoli florets Carrot batons  	<b>Organic beef bolognese &amp; garlic bread</b> Spaghetti Seasonal vegetable medley  	<b>Roast beef &amp; Yorkshire pudding &amp; gravy</b> Roast potatoes Cabbage Cauliflower  	<b>Battered fish served with a lemon wedge</b> Chips Baked Beans Peas  
<b>Margherita pizza</b> Jacket potato Sweetcorn Peas  	<b>Leek &amp; courgette pasta bake</b> Salad bar selection  	<b>Grab bag sandwich</b> <b>Cheese / Egg</b> Fruit Biscuit  	<b>Jacket potato with cheese &amp; coleslaw</b> Salad bar selection  	<b>Quorn dippers</b> Chips Baked beans Peas  

## WEEK 2

### WEEK 2

2019  
• 7th January - 28th January  
• 21st February - 18th March  
• 8th April - 13th May  
• 10th June - 1st July



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Farm assured pork sausages &amp; gravy</b> Creamy mashed potatoes Carrot batons Peas  	<b>Pizza with chicken &amp; red peppers</b> Pasta twists Sweetcorn Creamy coleslaw  	<b>Organic beef lasagne</b> Garlic bread Salad bar selection Creamy coleslaw  	<b>Roast turkey served with sage &amp; onion stuffing &amp; gravy</b> Roast potatoes Seasonal vegetable medley  	<b>Fish Fingers</b> Chips Baked Beans Peas  
<b>Jacket potato with vegetarian chilli</b> Salad bar selection  	<b>Margherita pizza</b> Pasta twists Sweetcorn Creamy coleslaw  	<b>Vegetarian cottage pie</b> Seasonal vegetable medley  	<b>Homemade vegetable bites</b> Pasta shapes in tomato sauce Seasonal vegetable medley  	<b>Vegetarian sausage</b> Chips Baked beans Peas  

## WEEK 3

### WEEK 3

2019  
14th January - 4th February  
• 4th March - 21st March  
• 29th April - 20th May  
• 17th June - 8th July



Monday	Tuesday	Wednesday	Thursday	Friday
<b>Salmon pasta bake</b> Mixed salad Seasonal vegetable  	<b>Chicken fillet served with sage and onion stuffing &amp; gravy</b> Creamed potatoes Seasonal vegetable medley  	<b>Organic pork meatballs</b> Rice Broccoli florets Carrot batons  	<b>Roast gammon served with pineapple</b> Roast potatoes Cauliflower Carrots  	<b>Fishcake served with tomato ketchup</b> Chips Baked Beans Peas  
<b>Margherita pizza</b> Jacket potato Peas Sweetcorn  	<b>Vegetable bolognese</b> Spaghetti Seasonal vegetable medley  	<b>Tomato pasta bake</b> Salad bar selection  	<b>Quorn tikka masala</b> Rice Cauliflower Carrots  	<b>Quorn dippers</b> Chips Baked beans Peas  

Cereals 
 Cereals Containing Gluten 
 Crustaceans 
 Eggs 
 Fish 
 Lupin 
 Milk 
 Molluscs 
 Mustard 
 Nuts 
 Peanuts 
 Soya 
 Sulphur Dioxide 
 Sesame Seeds

■ Meat option 
 ■ Vegetarian option