

Wednesday
6th

September



Dear Parents and Carers,

Lots to pass on ☺ and this year I am aiming to do a monthly, instead of termly, newsletter. Please take the time to read through the information below.

PE KITS

All of the children should now have a PE kit in school – **including a white or red T-shirt, black shorts and plimsoles**. Each class will have at least 2 lessons of PE every week – **letter to follow with class details of days and times for PE sessions**.

Earrings – must not be worn for PE. Please could we suggest that if you are considering having your child's ears pierced, that this is done over one of the longer school holidays. In the past, tape has sometimes been used to enable children to take part in PE lessons but **regulations state that no jewellery should be worn by the pupils**. We will ask your child to remove their earrings where possible, or alternatively, please could you help by ensuring they are not worn on those days.

SCHOOL NURSE

Our school nurse, Christine Sleight, will be doing morning 'drop-in' sessions each month, on the following dates:

Mon 18th Sep, Mon 23rd Oct, Mon 20th Nov, Mon 18th Dec

If you feel there is something relating to the health and/ or well-being of your child that Christine could help with, including home behaviour concerns, please let either myself or Kathrine Manning (school SENCo) know and we can arrange the time for you to meet.

FRIENDS of Thorpe Acre Infant School

The FRIENDS group are our school PTA (Parent Teacher Association). Their next meeting will be in a couple of weeks' time. If you are interested in offering some time and help voluntarily, please let either myself, Mrs Emma Redfern or Mrs Jo Pullen know.

Healthy School – 'FOOD POLICY'

In 2015, I first introduced our whole school 'Food Policy' when the **National Food Standards came out - Important guidance for us and you includes:**

- Savoury crackers and breadsticks may be eaten at lunchtime (not for morning break);
- **No** confectionery (sweet – e.g. icing, cream, sprinkles, chocolate chips) chocolate or chocolate-coated food, allowed;
- Deserts, cakes, biscuits and pastries are allowed at lunchtime **but must not contain confectionery** (see above list);

Many thanks for your continued support, *Mr Clark*

