

## WEEK 1

2017

5th June • 26th June  
• 21st August • 11th September  
• 2nd October • 30th October  
• 20th November • 11th December

2018

15th January • 5th February  
• 5th March • 9th April

ALL OUR MEAT COMES FROM LOCAL SUPPLIERS

## MONDAY

**Pizza topped with red pepper**  
Pasta in a homemade tasty tomato sauce  
Peas  
Sweetcorn



**Vegetarian filled tortilla baskets**  
Cous cous  
Peas  
Sweetcorn



Mexican sliced bread



Pineapple upside down pudding served with custard sauce



## TUESDAY

**Roast turkey served with sage and onion stuffing**  
Gravy  
Parsley potatoes  
Seasonal vegetables of the day



**Cheese and potato pie**  
Jacket wedges  
Seasonal vegetables of the day



Wholemeal bread



Oatie fruit cookie



## WEDNESDAY

**Organic pork meatballs in a homemade tomato sauce**  
Savoury rice  
Sweetcorn nibbles  
Broccoli florets



**Cheese flan**  
Duchess potatoes  
Sweetcorn nibbles  
Salad bar selection



Onion flat bread



Rice pudding with a fruit



## THURSDAY

**Brunch lunch**  
Bacon, Scrambled egg  
Sliced potatoes  
Grilled tomato  
Baked beans



**Quorn sweet and sour**  
Savoury rice  
Green beans  
Cauliflower florets



Farmhouse wedge



Apple crumble served with custard sauce



## FRIDAY

**Battered fish and lemon wedge**  
Chips  
Baked beans  
Peas



**Quorn dippers**  
Chips  
Baked beans  
Peas



Soft finger roll



Cherry shortbread



## WEEK 2

2017

12th June • 3rd July  
• 28th August • 18th September  
• 9th October • 6th November  
• 27th November • 18th December

2018

22nd January • 19th February  
• 12th March • 16th April

OUR MENUS MEET ALL THE GOVERNMENT FOOD BASED STANDARDS.

**Organic beef cottage pie**  
New potatoes  
Green beans  
Sweetcorn



**Homemade margherita pizza**  
Pasta spirals in a homemade tomato sauce  
Green beans  
Sweetcorn



Soft rolls



Fresh fruit salad

**Roasted chicken with sage and onion stuffing**  
Gravy  
Parsley potatoes  
Medley of seasonal vegetables



**Quorn fajitas**  
Savoury rice  
Medley of seasonal vegetables



Sliced poppy bread



Cheese and biscuits with grapes



**Pork and apple burger**  
Herby wedges  
Homemade creamy coleslaw  
Baked beans



**Macaroni cheese**  
Herby wedges  
Homemade creamy coleslaw  
Salad bar selection



Herby bread



Steamed pear sponge served with vanilla sauce



**Roast pork served with apple sauce**  
Gravy  
Mashed potatoes  
Seasonal vegetables of the day



**Vegetarian shepherd's pie**  
Gravy  
New potatoes  
Seasonal vegetables of the day



Wholemeal slice



Steamed syrup sponge served with custard sauce



**Salmon fishcake or fish fingers**  
Chips  
Baked beans  
Peas



**Vegetarian sausage**  
Chips  
Baked beans  
Peas



Rustic farmhouse bread



Festival shortcake



## WEEK 3

2017

19th June • 10th July  
• 4th September • 25th September  
• 23rd October • 13th November  
• 4th December

2018

8th January • 29th January  
• 26th February • 19th March

Our dishes are FRESHLY PREPARED using seasonal and including local produce

Fresh fruit and yoghurt available daily

● Mains ● Vegetarian

**Homemade cheese and tomato pizza**  
Pasta spirals in a tomato sauce  
Homemade creamy coleslaw  
Broccoli florets



**Vegetable Lasagne**  
Jacket potato  
Homemade creamy coleslaw  
Broccoli florets



Garlic bread



Apple cake served with custard sauce



**Roast gammon served with pineapple**  
Gravy  
Crispy roast potatoes  
Seasonal vegetables of the day



**Quorn tikka masala**  
Savoury rice  
Seasonal vegetables of the day



Farmhouse wedge



Berry waffles



**Organic beef bolognese with spaghetti**  
Garlic bread  
Peas  
Sweetcorn



**Vegetarian meatballs in homemade tomato sauce**  
Pasta spirals  
Peas  
Sweetcorn



Focaccia bread



Banana flapjack



**Chicken pie with gravy**  
Creamy mashed potatoes  
Medley of seasonal vegetables



**Cheese and tomato pasta bake**  
Medley of seasonal vegetables



Pumpkin seeded slice



Peach crumble served with custard sauce



**Farm assured pork sausages**  
Chips  
Baked beans  
Peas



**Vegetable moussaka**  
Chips  
Peas  
Salad bar selection



Cheese and onion topped bread



Ice cream with a fruit coulis

